



Executive Health Checks

A comprehensive executive health check with your physician is crucial for maintaining overall wellness. It helps detect potential health issues early, allowing for timely intervention and prevention. This comprehensive evaluation includes a thorough review of your physical and mental health, as well as personalised screenings based on your unique profile.

In clinic assessment

- Consultation and examination
- Vision test
- Hearing test
- ECG
- Blood pressure and vitals
- ABPI Ankle brachial pressure index
- BMI and body fat analysis
- Spirometry – Lung function

- Cardiovascular risk score QRISK3
- Cardiovascular Apolipoprotein specialised risk ratios (Over 40 Packages)
- Metabolic syndrome screening assessment
- Liver fibrosis risk assessment FIB 4 score
- Mental wellbeing assessment PHQ9 GAD7
- Perimenopause screening assessment (Women)
- Breast cancer risk assessment (Women)
- Sleep assessment
- Skin cancer risk assessment
- Health screening assessment (Men)

Laboratory

All packages • Anaemia and Vitamin/Mineral screening - CBC Ferritin Iron Homocysteine Vit D Vit B12 Calcium Magnesium Zinc • Chronic Disease Screening - Lipid panel Liver panel Renal panel + EGFRBUN Thyroid panel TSH T4 T3 Diabetes panel HBA1c FS Fasting insulin +insulin resistance HOMA index • Uric acid • Calprotectin • Cancer screening – Cervical Pap smear (Women) Prostate PSA (Men), Bowel Fit Test (All) • Urine Analysis • Lipoprotein A • HPV Genotyping (Women)
Over 40 Packages also include • Specialised Cardiac Markers – Apolipoprotein A1 Apolipoprotein B HS-CRP Homocysteine • Inflammatory Markers – ESR HS-CRP • Ovarian Ca-125 (Women)

Diagnostic Radiology

Women • US Abdomen • US Abdominal aortic aneurysm • US Pelvis transvaginal • Chest X-Ray • US Breast or Mammogram (Over 40) • US Thyroid (Over 40)
Men • US Abdomen • US Abdominal aortic aneurysm • Chest X-Ray • US Pelvis including Prostate (Over 40) • US Thyroid (Over 40)

Final report, follow up appointment, and aftercare

Men's AED 4500 - AED 5900

Women's AED 5000 - AED 6300

Additional Optional Add-on's

Men's & Women's cancer screening AED 1300
Men's & Women's hormone profile AED 850
Gastroenterology Package AED 2200
Dermatology skin cancer package AED 2480
CT calcium score cardiac screening AED 2200
CT cardiac angiogram AED 5000
Bone Density DEXA scan AED 1000

Thyroid Ultrasound AED 750
Breast Ultrasound AED 750
Breast Mammogram AED 1000
MRI Brain AED 3000
MRI full body AED 6000
Liver Fibrosis Screening AED 2200
Sexual Health Screening Packages AED 750-1850

Contact Details:

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