Genesis Healthcare Center

First Aid Training

Practical skills for you and your family

Learn how to respond when someone needs urgent help. Genesis Healthcare, in collaboration with High Vision Medical Consultancy, offers Basic First Aid, CPR & AED training for parents, grandparents, nannies and other carers. Everyone is welcome.

An experienced paediatrician and midwife lead the four-hour course, with practical exercises and clear guidance on emergencies involving adults, children and babies.

What you will learn

- How to assess an emergency and respond.
- CPR for adults, children and babies.
- How to use an automated external defibrillator (AED), a device that can help someone in cardiac arrest.
- How to help someone who is choking.
- First aid for common injuries and sudden illnesses.
- How to provide care until professional help arrives.

Course options

Group training: AED 750 per person.
Private training at Genesis: AED 1,750 per couple.
Private training at home: AED 3,000 per couple.
Additional participants in private sessions: AED 500 per person.

Certificates

High Vision Medical Consultancy provides certificates to participants who successfully complete the course.

Please contact the Genesis team to book a place or enquire about a private session.