



Maternity Companion Service

How can your birth Companion help you?

In order to provide the best care for our patients, Genesis Healthcare Center can offer a companion service in agreement with Mediclinic Parkview Hospital and King's College Hospital.

Throughout your pregnancy with our Obstetricians, you will have the opportunity to build a relationship with Martie, our Midwife, who has over 28 years of experience supporting mothers. When the birth companion service is requested, Martie will be with you during labour and delivery. As you would have built a relationship with Martie, she will already know and understand your birth preferences and what you wish should there be a need to have any need for deviation from that. Your birth companion fosters positive, supportive and respectful communications between you and the care team at the hospital during your labour.

The companion service for our patients will be under the understanding and agreement that the Obstetrician and allocated midwife in the hospital will remain the primary caregivers and that the birth companion will adhere to the hospital guidelines to ensure safety for all concerns.

What your companion CAN do:

- Provide emotional reassurance and comfort to the woman and her partner in labour
- Support patient with her birth plan and any deviations that might occur during the labour
- Offer encouragement guidance and help with comfort measures during labour
- Foster a positive environment and support communication between the patient and the medical staff

What your companion CANNOT do:

- Diagnose medical conditions, give medical advice, or offer a second opinion
- Perform any clinical tasks, e.g. vaginal examination, assessing fetal heart rate
- Make decisions for the patient or project their own values onto the patients' labour experience
- Make derogatory or judgmental comments regarding members of the medical care team or their recommendations for the treatment plan

Price of the service: 4500 AED

*Please note that this service is non-medical and can't be covered by insurance.