



Vision Therapy: More Than Eye Exercises

Vision therapy goes beyond simple eye exercises—it enhances the communication between the brain and eyes, optimizing your child's visual system. The goal is to improve visual skills such as eye-tracking, focusing, convergence, eye-hand coordination, visual processing speed, and more!

Signs Your Child May Benefit from Vision Therapy:

- Complains of frequent headaches or eye pain
- Reports that words on a page appear blurred, doubled, or seem to float
- Struggles to read fluently, skips lines or words, or has trouble understanding text
- Closes one eye or tilts their head while reading
- Struggles to pay attention in class
- Appears clumsy or has difficulty keeping up with peers during sports
- Has trouble maintaining balance
- Misjudges distances while moving, often bumping into objects or people
- Appears cross-eyed, either regularly or when tired or unwell

If you answered 'yes' to any of these questions, consider scheduling a comprehensive vision evaluation. Vision therapy could be the solution to your child's visual challenges.



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