

Vision Therapy Clinic

Over 25% of children have an undetected vision problem that affects their academic success and athletic performance. These problems are not just visual acuity problems that can be corrected with eyewear but rather vision problems known as visual dysfunction.

Visual dysfunction is characterised by a vision problem that affects how well the eyes work together. Since 80 per cent of learning comes through the visual system, understanding the signs of visual dysfunction can improve your child's learning and prevent years of struggle, low self-esteem, and behavioural problems.

Vision therapy is a unique and personalised treatment program tailored to your child's specific needs. It's designed to improve brain-eye communication and strengthen visual skills, leading to significant improvements in reading, learning, concentration, and attention.

Vision therapy is more than just simple eye exercises — it aims to enhance visual skills such as eye-tracking, focusing, convergence, eye-hand coordination, visual processing speed and more!

10 signs that your child needs Vision Therapy:

1. Does your child complain of frequent headaches or eye pain?
2. Does your child report that words on a page appear blurred, doubled or floating?
3. Is your child reading below grade level?
4. Does your child struggle to read fluently, skip lines or words of text, or have difficulty understanding text?
5. Does your child close one eye or tilt their head while reading?
6. Does your child struggle to pay attention during class?
7. Does your child appear clumsy or have difficulty keeping up with their peers during sports activities?
8. Does your child have difficulty maintaining balance?
9. Does your child misjudge distances while moving in space, often bumping into objects or people?
10. Does your child appear crossed-eyed (regularly or when sick or tired)?

If you've noticed any of the signs mentioned above in your child, it's crucial to bring them for a comprehensive vision evaluation. This thorough assessment will help determine if vision therapy is the right solution for their visual dysfunction.



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