

Autism Spectrum Disorder Assessment

Understanding Autism Spectrum Disorder - Autism Spectrum Disorder (ASD) is a lifelong condition that affects communication, social interaction, and how a person experiences the world. Each individual presents differently, which is why it is described as a "spectrum."

People with ASD may:

- Find social interaction and communication difficult
- Prefer routine and struggle with change
- Show repetitive movements or focused interests
- Experience sensory sensitivities to light, sound, touch, or taste

Early identification and the right support can make a significant difference.

Why an Assessment Matters

A full assessment helps understand your child's strengths, challenges, and needs. It guides families, schools, and professionals to provide tailored support and appropriate interventions.

What the Assessment Includes

Assessments are carried by a qualified and experience professional.

They may involve:

- Reviewing developmental and medical history
- Parent and teacher questionnaires
- Observing your child's play, communication, and behaviour
- Standardised diagnostic tools such as ADOS-2 and ADI-R

These follow international standards from NICE and the DSM-5.

After the Assessment

You will receive:

- A detailed written report
- Recommendations for educational, behavioural, and therapy support
- Guidance on local and online resources

Follow-up sessions can help review progress and update strategies.

Preparing for the Appointment

- Explain the visit in simple terms
- Bring any previous reports or assessments
- Pack a familiar toy or book for comfort
- Ensure your child is rested and has eaten beforehand

Support Going Forward

Post-diagnosis support may include:

- Speech, occupational, or behavioural therapy
- Educational planning and school collaboration
- Parental guidance and social skills groups

Community organisations can also offer valuable ongoing support.

The price of the assessment is AED 6995



Dr Ashley Gibson
Senior Clinical Psychologist