

Comprehensive Neurodevelopmental Assessment

A Comprehensive Assessment provides an in-depth understanding of a young person's learning, attention, behaviour, and social communication. It combines evaluation for Autism Spectrum Disorder (ASD), Attention-Deficit/Hyperactivity Disorder (ADHD), and learning abilities within one coordinated process.

The assessment helps identify how your child thinks, learns, and interacts, offering practical recommendations to support progress at school, home, and socially.

Aims

- Build a full profile of cognitive, behavioural, social, and emotional functioning
- Identify or rule out ASD and/or ADHD
- Assess IQ and academic achievement
- Inform school recommendations and learning plans
- Guide emotional and behavioural support strategies

Areas Assessed

Cognitive Functioning (IQ): reasoning, memory, and processing speed

Academic Skills: reading, writing, spelling, and mathematics

Attention and Executive Skills: focus, organisation, and self-regulation

Social Communication and Behaviour: interaction, flexibility, and sensory sensitivities

Emotional Functioning: awareness, regulation, and wellbeing

The Process

1. Initial Consultation: brief discussion of concerns, history, and goals
2. Assessment Sessions: two to three morning sessions (about 2 hours each)
3. Collateral Input: feedback from teachers or other professionals (with consent)
4. Feedback Session: review of results, diagnosis (if relevant), and next steps
5. Report: detailed written summary with tailored school and home recommendations

Who Is It For?

Children and adolescents who experience:

- Difficulty maintaining attention or managing impulsivity
- Social, communication, or flexibility challenges
- Uneven academic progress
- Teacher or parent concerns about learning or emotional development

Cost and Insurance

Fee: AED 10,000

Accepted by most major insurers. Coverage varies by policy.



Dr Ashley Gibson
Senior Clinical Psychologist